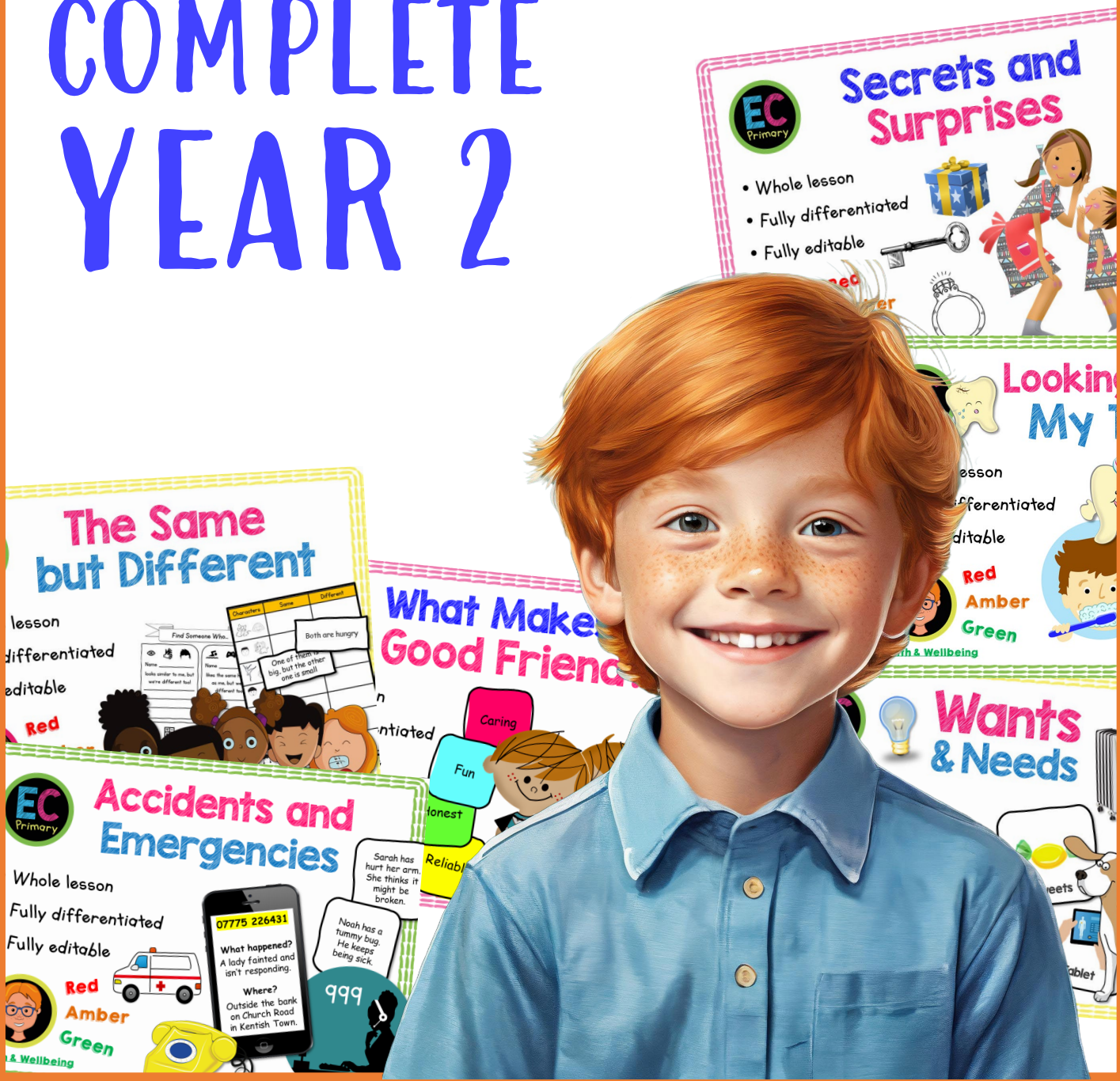
SCHEME OF WORK
OVERVIEW

Scaffolded & editable PSHE Association mapped SOW

RSE & PSHE COMPLETE YEAR 2



SCHEME OF WORK OVERVIEW

Complete Year 2 PSHE + RSE

Our Complete PSHE Package for Year 2 is designed to meet the DfE Statutory Guidance and aligns with the PSHE Association's recommended thematic model, covering Health and Wellbeing, Relationships Education, and Living in the Wider World.

This fully editable scheme follows an adaptive teaching approach, ensuring all learners are appropriately supported and challenged. Lessons are scaffolded, engaging, and creatively designed – making them developmentally appropriate, accessible, and enjoyable to teach and learn.

Rooted in a spiral curriculum, the programme builds progressively on knowledge, vocabulary, and key skills introduced in the Early Years and Year 1. In Year 2, each lesson begins with a short, structured retrieval task – typically a two-minute partner talk – designed to activate prior learning and help children make meaningful links before exploring new content.

British values are embedded throughout the programme and are explicitly referenced in lesson content and planning where relevant. The scheme includes clear learning outcomes, reflective self-assessment opportunities, and the introduction of more structured assessment approaches to support teacher judgements and track progress over time.

To support curriculum leadership and accountability, the package includes a statutory content audit and coverage tracker aligned with both DfE requirements and the PSHE Association's thematic model – making it easy to demonstrate progression and coverage across the primary phase.

Our resources are developed by experienced professionals who have created PSHE content for The Bank of England, The Children's Commissioner, the Criminal Cases Review Commission (UK Government), and leading UK charities. By choosing this package, you're investing in high-quality, evidence-informed PSHE provision that's ready to deliver in the classroom or easily adapted to suit your context.

SCHEME OF WORK OVERVIEW

Suggested Lesson Order – Autumn

All of our schemes of work follow the PSHE Association's recommended thematic model: Health and Wellbeing, Relationships Education, and Living in the Wider World. Lessons are sequenced within a spiral curriculum, ensuring progression in vocabulary, knowledge, and key skills across each unit and year group. In Year 2, topics continue to build on learning from the Early Years and Year 1, deepening children's understanding of statutory PSHE content in a structured and developmentally appropriate way. Each lesson begins with a short retrieval task – typically a two-minute partner talk – to activate prior learning, encourage discussion, and prepare pupils to engage with new content.

Autumn 1 – Living in the Wider World

1) What Is Money?
2) Ways to Pay
3) Earning Money
4) Saving and Spending
5) Wants and Needs
6) Optional Assessment

Autumn 2 – Health and Wellbeing

1. Healthy Habits
2. All About Teeth
3. Sleep Routines
4. Medicines
5. All About Feelings
6. Big Feelings
7. Optional Assessment

SCHEME OF WORK OVERVIEW

Suggested Lesson Order – Spring

All of our schemes of work follow the PSHE Association's recommended thematic model: Health and Wellbeing, Relationships Education, and Living in the Wider World. Lessons are sequenced within a spiral curriculum, ensuring progression in vocabulary, knowledge, and key skills across each unit and year group. In Year 2, topics continue to build on learning from the Early Years and Year 1, deepening children's understanding of statutory PSHE content in a structured and developmentally appropriate way. Each lesson begins with a short retrieval task – typically a two-minute partner talk – to activate prior learning, encourage discussion, and prepare pupils to engage with new content.

Spring 1 – Relationships Education

1) Making Friends
2) Being a Good Friend
3) Playing With Others
4) Working With Others
5) Manners and Respect
6) Resolving Conflict
7) Optional Assessment

Spring 2 – Living in the Wider World

1) What Is the Internet?
2) Personal Data
3) Online Safety
4) Online Information
5) Belonging to a Community
6) Same and Different (Diversity)
7) Optional Assessment

SCHEME OF WORK OVERVIEW

Suggested Lesson Order – Summer

All of our schemes of work follow the PSHE Association's recommended thematic model: Health and Wellbeing, Relationships Education, and Living in the Wider World. Lessons are sequenced within a spiral curriculum, ensuring progression in vocabulary, knowledge, and key skills across each unit and year group. In Year 2, topics continue to build on learning from the Early Years and Year 1, deepening children's understanding of statutory PSHE content in a structured and developmentally appropriate way. Each lesson begins with a short retrieval task – typically a two-minute partner talk – to activate prior learning, encourage discussion, and prepare pupils to engage with new content.

Summer 1 – Health and Wellbeing

1) Human Life Cycle
2) Brilliant Bodies
3) Safety and Risk
4) Safety at Home
5) Road Safety
6) Accidents and Emergencies
7) Optional Assessment

Summer 2 – Relationships Education

1) Feeling Lonely
2) Bullying (Introduction)
3) Unkind Words
4) Kindness
5) Secrets and Surprises
6) Say Goodbye...Say Hello
7) Optional Assessment



Complete Primary PSHE Package

Website:
www.ecpublishing.co.uk

Email:
info@ecpublishing.co.uk

ecpublishing

Thanks for choosing EC Resources
©EC Publishing Ltd 2019
©Lead Practitioner English 2019